

Programme Highlights 2016-2017

Opportunities to improve professional competencies through skill labs, workshops, seminars, mentoring, remedial programmes and personal counselling services were offered.

- Thematic workshops on Diagnostic Techniques, Clinical Counselling and Therapies, Counselling Skills, Learning Disabilities etc. were organized.
- Students were guided to prepare scholarly papers/articles based on empirical research for presentation in seminars and conferences.
- The Department organized national seminar on PsyCap conducts various conferences and seminars to strengthen the discipline.
- Students were provided with opportunities for Field practicum, Internship Casework, Organised Awareness/Sensitization Programmes, Conducted Psy Fair, Career Exhibitions/ Melas, Institutional visits and supervised skill training Specialization in School Counselling and Family Counselling was offered.
- Select students participated in overseas youth exchange programmes

Scope of the Course

Lucrative employment openings in:

- Educational institutions
- Corporates/industries
- Hospitals
- Adolescent and adult rehabilitation centers
- NGOs
- Family and child care centres
- Legal aid clinics
- Private practice
- Consultants to various organizations
- Careers in teaching and research.

Student Services

- Personal Counselling
- Mentoring
- Remedial Coaching
- Self-Assessments
- Bridge Courses
- Feedback Sessions
- Digital/ e-Library
- Enhancement of Language Proficiency
- Coaching for UGC/NET Exam

Counselling Services

- Offers extension services at the National Institute for Empowerment of Persons with Multiple Disabilities (Ministry of Social Justice & Empowerment) – Extension Centre at RGNIID
- Offers testing and counselling services to inmates of Children/Observation Homes across Tamil Nadu in collaboration with UNICEF and Department of Social Defence, Govt. of Tamil Nadu
- Extends counselling services cutting across all age groups for diverse client groups, which include children, adolescents, adults, couples, families and groups Psychometric testing, risk assessment, tailor-made counselling interventions and evaluation of the therapeutic outcomes

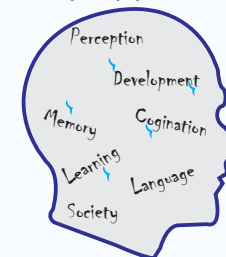
Newsletter

The Department of Applied Psychology brings out exclusive bi-annual newsletter titled “**Stentorian**”



Rajiv Gandhi National Institute of Youth Development
Ministry of Youth Affairs and Sports, Government of India
Sriperumbudur – 602 105

Department of Applied Psychology



Eligibility for M. Sc. Counselling Psychology Programme

- Candidates must have a Bachelor's Degree in any discipline from a recognised university
- Minimum of 45% marks
- studied a minimum of two papers related to Psychology at the Under Graduate level.

Objectives of the Programme

- To provide a comprehensive theoretical knowledge and to develop counselling skills
- To equip the students with diagnostic methods and psychological assessments specific to each specialized area of counselling
- To provide 'hands on training' on various therapeutic techniques in counselling
- To hone the research skills for undertaking scientific studies
- To develop values and ethics appropriate to the profession of counselling

Courses Offered

Core Courses

- Counselling Theories
- Counselling Process & Skills
- Personality Theories and Development
- Psychological Testing (Practicals)
- Psychological Assessment across Lifespan
- Psychopathology
- Psychotherapy
- Workplace Counselling
- Research Methodology
- School Counselling
- Family Counselling

Foundation Courses

- Youth Development
- Indian Society
- Economy and Polity
- Gender and Society

Open Elective Courses

- Fundamentals and Applications of Psychology
- Positive Psychology

Self-Study (Core Courses - Optional)

- Counselling Psychology across Lifespan
- Crisis and Trauma Counselling

Pedagogical Methods

- Lectures
- Role Plays
- Case Studies
- Group Discussions
- Brainstorming
- Seminars, Screening of Short Films
- Guided and Experiential Learning
- Field Visits
- Real-time Practice
- Internships
- Practicum

Elective Courses

- ✦ Health Psychology
- ✦ Career Guidance and Counselling
- ✦ Test Construction
- ✦ Qualitative Research Methodology
- ✦ Statistics in Behavioural Sciences
- ✦ Organizational Behaviour
- ✦ Human Resource Management
- ✦ Training and Development
- ✦ Family Therapy and Counselling
- ✦ School Counselling
- ✦ Crisis and Trauma Counselling
- ✦ Community Counselling
- ✦ Counselling for Special Population
- ✦ Learning Disability
- ✦ Group and Multicultural Counselling

for further information
Contact : 9442034971
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Research

Dissertation is an essential core component during the 4th Semester

Students are systematically guided to undertake quantitative and qualitative studies in the area of specialization

Additionally, students are encouraged to conduct research studies related to Counselling Psychology for publication in various journals and presentation in various academic fora.

Field Visits

To be equipped with requisite skills commensurate with counselling practice, Field visits happen every week under the supervision of a faculty member.

Individual presentations will be made on a periodic basis.

Practicum

Practicum work in different fields of counselling take place to promote skills in testing, assessments and diagnosis. Under expert supervision students are guided to design appropriate interventional strategies and prepare case reports

Internships

Summer internship is a compulsory core component for a period of one month to help students gain experiential learning in real-time working environment and to strengthen their counselling competencies.

Individual documentation of their entire learnings and reflections are evaluated by a team of faculty members.